



Maharshi Karve Stree Shikshan Samstha's
Cummins College of Engineering for Women
(An Autonomous Institute Affiliated to Savitribai Phule Pune University)
Karvenagar, Pune- 411052.

NSS Activity Report in Academic Year 2022-23

Dr. Shubhangi Chaudhary
NSS Programme Officer

Dr. Babasaheb Ambedkar's 131st Jayanti Celebration

Name of Activity: Dr. Babasaheb Ambedkar's 131st Jayanti Celebration

Date of Activity Conduction: 14th April 2022

Total No. of Students & Faculty Members Participated in the Activity:48

Report of the Activity:

The National Service Scheme Unit of MKSSS's Cummins college of Engineering for Women and Social Equity Cell celebrated Dr. Babasaheb Ambedkar's 131st Jayanti on 14th April 2022. A lecture session organized on Indian Constitution.

The program started with speech of honorable principal madam Dr. Madhuri Khambete, where she mentioned about works of Dr. Babasaheb. His works for equality.

Chief Guest of the function Babasaheb A. Jadhav the follower of Dr. Ambedkar, a poet and environmentalist enlightened us with his speech and songs he played on his harmonium. He said that youth should fight like Chhatrapati Shivaji Maharaj and study like Dr. Ambedkar. He told Babasaheb used to play violin during his travels through ships, which he learned in Bombay from Balwant Sathe. Dr. Babasaheb worked for everyone especially for lower caste. Jadhav sir's talk were motivational to guide youth on the right Path.

Dr. Prachi Mukherjee, Dr. Deepak Watvisave , Prof. Suhas Pawar express thoughts on Indian Constitution.

Photos captured during the Activity:



MKSSS's Cummins college of Engineering for Women and Social Equity Cell celebrated Dr. Babasaheb Ambedkar's 131st Jayanti on 14th April 2022

World Environment Day

Name of Activity: World Environment Day Celebration

Date of Activity Conduction: 05th June 2022

Total No. of Students & Faculty Members Participated in the Activity: 60

Report of the Activity:

“World Environment Day” was celebrated on Monday 5th June 2022 at MKSSSS’s Cummins Engineering Women's College, Pune. Volunteers of the National Service Scheme of the college and students of the college, teachers and non-teaching staff were present at the event.

The objective of this celebration is to spread awareness among people about saving our environment from various types of pollution and to plant more and more trees to make green earth.

We all together took the pledge for protecting the environment on the occasion of world environmental day.

Photos captured during the Activity:



MKSSSS’s Cummins college of Engineering for Women celebrated World Environmental Day on 5th June 2022

Pune Plogathon

Name of Activity: Pune Plogathon 2022

Date of Activity Conduction: 05th June 2022

Total No. of Students & Faculty Members Participated in the Activity: 12

Report of the Activity:

“Plogathon 2022” mega drive was held by Pune Municipal Corporation (PMC) under the Swachh Bharat Abhiyan on 5th June 2022 from morning 7 am to 9 am.

We collected gloves and bags for collecting the garbage from the road. Our group gathered all the garbage from the area we were allotted to clean. Then at 9 am all three groups came together and handed over our garbage bags to the PMC members. All of our three groups have worked hard to clean the surroundings together.

We all then appreciated by PMC madam for our contribution to the environment and satisfaction and happiness were shining on each of our faces.

Photos captured during the Activity:



Cummins NSS Team participated in Plogathon-2022 Mega Drive



Cummins NSS Team collecting garbage during Plogathon-2022 Mega Drive

Shivswarajya Day 2022

Name of Activity: Shivswarajya Day 2022 Celebration

Date of Activity Conduction: 6th June 2022

Total No. of Students & Faculty Members Participated in the Activity: 140

Report of the Activity:

“Shivswarajya Day 2022” was the day when Chhatrapati Shivaji Maharaj was crowned king of Hindawi Swaraj in 1674.

“Shivswarajya Day 2022” was celebrated on Monday 6th June 2022 at MKSSS’s Cummins Engineering Women's College, Pune as per the circular of the Department of Higher and Technical Education, Government of Maharashtra. Volunteers of the National Service Scheme of the college and students of the college, teachers and non-teaching staff were present at the event.

- First of all, a flower garland was laid at the statue of Chhatrapati Shivaji Maharaj by honourable principal madam Dr. Madhuri Khambete.
- After that we sang the National anthem and Maharashtra Geet.
- An exhibition of photographs of forts in Maharashtra was set up on this occasion.
- A stall was set up for the sale of historical books. Teachers, non-teaching staff and students of the college visited this stall.
- Mr. Shashikant Soman presented a slide show on the topic of forts in Sahyadri. For college teachers, non-teaching staff and students.

Photos captured during the Activity:



Shiv Chatrapatinchya Pratimela abhivadan by Principal - Dr. Madhuri Khambete and faculty



National anthem and Maharashtra Geet



Exhibition and Lecture on forts in Maharashtra

Decimal DMS
Pune Latitude 18.48533 18°29'10" N
Maharashtra Longitude 73.816507 73°48'59" E
India
2023-08-04 11:00(AM)

International Yoga Day 2022

Name of Activity: International Yoga Day

Date of Activity Conduction: 1st April 2022 to 21st June 2022

Total No. of Students & Faculty Members Participated in the Activity: 355

Report of the Activity:

Yoga is an ancient practise in India with multiple physical and mental health benefits. The rewards of practising yoga are very relevant. Of particular importance are its proven positive impact on general health, immunity enhancement and its globally accepted role as a stress reliever.

In recognition thereof, the United Nations General Assembly declared 21st June as World Yoga Day. The event is celebrated worldwide by the people of all countries by practicing Yoga. Hon'ble Prime Minister Shri. Narendra Modiji has appealed to all of us to make Yoga an integral part of our daily lives.

MKSSS's Cummins College of Engineering for Women, Pune celebrated 8th International Day of Yoga on 21st June 2022. With the ongoing Azadi Ka Amrit Mahostav (AKAM), this year IDY 2022 was celebrated in the college in a grand manner. College conducted various events to create awareness of yoga.

Following activities were jointly conducted by Department of sports and National Service Scheme:-

- 1. Yoga Performance** - 20 girls had performed asanas of common yoga protocol for 5 minutes on music during the annual gathering of the college "GANDHAR" on 4th April 2022. The yoga performance was executed on the occasion of Inauguration programme of the gathering to create awareness among all.
- 2. Yoga Quiz Competition** - College had organised Online Yoga Quiz Competition on 23rd May 2022. Total 226 participants responded for the competition. Participants above 70% were awarded appreciation E-certificate and others were awarded participation E-certificates.
- 3. Yoga Pose Photo Challenge** - College had organised Online Yoga Pose Photo Challenge from 24th to 27th May 2022. In this event asanas of common yoga protocol was to be performed, make a collage of the photos and upload in the google form. Total 23 participants had responded for the competition. All the participants were awarded with E-certificates.
- 4. Online Suryanamaskar event** - College had organised Online Suryanamaskar event from 17th to 20th June 2022. In this event participants had to perform one Suryanamaskar and upload the video in the google form. Total 12 participants had responded for the event. All the participants were awarded with E-certificates.
- 5. 21st June 2022** - On the occasion of International Day of Yoga College had organised offline and online session to mark the celebration of the auspicious day. The practical session of common yoga protocol was conducted by Ms Anjushree Augustine (College Director of Physical Education & Sports), Yoga expert Ms Garima Baleja (NSS volunteer) and Dr Sneha Thombre (Faculty IT Department).

Photos captured during the Activity:



Yoga Performance



Yoga Poses Challenge Photos



International Yoga Day 2022-23 Photos

Swaccha Wari-Swasth Wari-Nirmal Wari-Harit Wari

Name of Activity: Swaccha Wari-Swasth Wari-Nirmal Wari-Harit Wari

Date of Activity Conduction: 22nd to 24th June 2022

Total No. of Students & Faculty Members Participated in the Activity: 4

Report of the Activity:

On 23rd June 2022 NSS team of MKSS's Cummins College of Engineering for Women, Pune attended the Swaccha Wari-Swasth Wari-Nirmal Wari-Harit Wari Campaign of NSS Board at Savitribai Phule Pune University.

First there was a program of Smaran Krantiveer and after that opening ceremony of state-level Raiso Dindi. We all participated in NSS dindi.

On 24th June 2022 our NSS Team conducted Cleanliness Drive in Bhairavnath mandir where Warkari Dindya had come. We collected the garbage in bags also volunteers sweep the mandir area. NSS PO took efforts along with the volunteers to arrange this activity successfully. Local people appreciated this activity. The mandir area and its surroundings were cleaned during this drive.

Photos captured during the Activity:



Cummins NSS Team joined the NSS Vari program at Pune University on 23rd June 2022

Glimpse of Cleanliness Drive on 24th June 2022:



Cummins NSS Team cleaned the Bhairavnath mandir, Karvenagar where Warkari Dindya had come.



Cummins NSS Team along with Local people at Bhairavnath mandir, Karvenagar

Har Ghar Tiranga Abhiyan

Name of Activity: Har Ghar Tiranga Abhiyan

Date of Activity Conduction: 9th to 17th August 2022

Total No. of Students & Faculty Members Participated in the Activity: 56

Report of the Activity:

On the occasion of Azadi ka Amrit Mahotsav this year our Honorable Prime Minister Shri Narendra Modi ji launched the “Har Ghar Tiranga” campaign and urged people to unfurl the National Flag at their homes.

MKSSS's Cummins College of Engineering for Women, NSS Team hold a **Tiranga rally** to celebrate ‘Swarajya Mahotsav and Har Ghar Tiranga’ on Friday, 12th August 2022.

In order to keep the memory of the freedom struggle alive in the minds of the people and to keep the spirit of patriotism in the minds of the people forever, to commemorate this glorious history with pride.

Photos captured during the Activity:



Har Ghar Tiranga Rally from Cummins college and Karvenagar area on date 12/08/2022

‘Largest online photo album of people holding a national flag’

Name of Activity: ‘Largest online photo album of people holding a national flag’, Har Ghar Tiranga

Date of Activity Conduction: 6th August 2022 to 15th August 2022

Total No. of Students & Faculty Members Participated in the Activity: 1125

Report of the Activity:

As a part of ‘Azadi Ka Amrit Mahotsav’, MKSSS's Cummins College of Engineering for Women, National Service Scheme implemented, ‘Largest online photo album of people holding a national flag’ activity.

We participated in this Guinness World Records spearheaded by Savitribai Phule Pune University (SPPU), for the ‘Largest Online Photo Album of People Holding a National Flag’. Photo with national flag uploaded on the SPPU link: <https://spputiranga.in/photoupload/> by all students, staff and citizens nearby college.

Photos captured during the Activity:



Har Ghar Tiranga Activity on date 06/08/2022 to 14/08/2022

Swachh Amrit Mahotsav 2022

Name of Activity: Cleaning and Rally under Swachh Amrit Mahotsav 2022

Date: 17th September 2022, **Time:** 07:00 am – 9:00 am

Venue: DP Road Karvenagar, Pune

Total No. of Students & Faculty Members Participated in the Activity: 13

Report of the Activity:

The Indian Swachhata League is India's first inter-city competition led by youth toward building Garbage Free Cities. More than 1,800 cities from Leh to Kanniyakumari participating by setting up a team for their city, and planning activities that will be undertaken on Seva Diwas, the 17th September 2022.

The NSS team of MKSSS's Cummins College of Engineering for Women, Pune contributed to the Swachh Amrit Mahotsav campaign in collaboration with Pune Municipal Corporation in the PUNERI NAYAK team. The NSS volunteers performed the cleaning of the roads by taking all the safety precautions. NSS volunteers interacted with PMC's SWM department for cleaning practices.

The team then participated in the awareness Rally to promote this government initiative.

Photos captured during the Activity:



NSS Team of MKSSS'S Cummins College, Pune alongwith Pune Municipal Corporation in Swachh Amrit Mahotsav 2022



NSS Team of MKSSSS'S Cummins College, Pune during Swachh Amrit Mahotsav



NSS Team of MKSSSS'S Cummins College, Pune doing road cleaning during Swachh Amrit Mahotsav 2022

NSS Day Celebration

Name of Activity: NSS Day Celebration

Date: 24th September 2022

Event Organizer: NSS Cummins College

Venue: Classroom No. 3, Main building, MKSSSS's Cummins College of Engineering for Women, Karvenagar, Pune.

Total No. of Students & Faculty Members Participated in the Activity: 29

Report of the Activity:

NSS Day was Celebrated on 24th September 2022 in MKSSSS's Cummins College of Engineering for Women, Pune. The event started with our NSS anthem. After that, all of us took the NSS pledge for our society.

Program officer told the importance of NSS day. NSS volunteers should understand the community in which they work, and their relations to that community, and we should develop a strong sense of responsibility toward the betterment of society.

Then Everyone sang "Itni shakti hame dena data" in chorus and was happy and peaceful. After this, some senior NSS volunteers shared their experiences. Then few fun activities were done by NSS volunteers.

Photos captured during the Activity:



NSS Team of MKSSSS'S Cummins College, Pune celebrated NSS Day by taking pledge

National Unity Day 2022

Name of Activity: National Unity Day Celebration

Date: 31st October 2022

Venue: MKSSS's Cummins College of Engineering for Women, Karvenagar, Pune.

Total No. of Students & Staff Members Participated in the Activity: 50

Report of the Activity:

Celebration of 31st October as Rashtriya Ekta Diwas (National Unity Day) to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the architect of national integration of independent India.

Program officer told the importance of National Unity Day and how Sardar Vallabhbhai Patel has contributed for national integration of India. After that, all of us took the National Unity Day pledge.

Then we all participated in a "Run for Unity" displaying the posters with quotes written on it to spread awareness about national unity and its importance. The activity made every volunteer enthusiastic and motivated them to work together in a more efficient manner.

Photos captured during the Activity:



MKSSS'S Cummins College, Pune celebrated National Unity Day 2022 by taking pledge



Run for Unity on occasion of National Unity Day 2022 by Cummins College, Pune

Health Checkup Camp

Name of Activity: Health checkup

Date: 19th October 2022, **Time:** 10.00 AM to 5 PM

Venue: Instrumentation Auditorium, Cummins College premises, Maharshi Karve Women's Education Institute, Karvenagar Pune.

Total No. of Students & Faculty Members Participated in the Activity: 228

Photos captured during the Activity:



staff and students doing registration at Health check-up camp in MKSSS'S Cummins College, Pune



staff and students at Health check-up camp in MKSSS'S Cummins College, Pune



NSS Team of MKSSSS'S Cummins College, Pune alongwith PMC Health Department and MKSSSS's Mr.Navle

Report of the Activity:

A free health check-up camp was organized for female servants and students above 18 years of age in the institute in collaboration with Pune Municipal Corporation and Maharishi Karve Stree Shikshan Samstha.

This campaign includes **free weight, height, blood pressure, BMI, blood sugar test, Haemoglobin test, etc. for all women** above 18 years.

Free vitamin and calcium tablets are distributed as per the doctor's advice for those who are anemic and weak. More than 225 students and staff members have taken advantage of this free health check-up camp.

NSS volunteers helped to organize and coordinate this event.

Plastic Collection Drive

Name of Activity: Plastic Collection Drive

Date: 19th October 2022, **Time:** 10.00 AM to 5 PM

Total No. of Students & Faculty Members Participated in the Activity: 24

Venue: Instrumentation Auditorium, Cummins College premises, Maharshi Karve Women's Education Institute, Karvenagar Pune.

Report of the Activity:

Plastic pollutes the environment and is harmful to our health if disposed unscientifically. For this major cause of "Plastic Pollution", NSS Team of Cummins College of Engineering for Women, Pune is participated in Plastic Collection Drive on 19th October 2022.

All are requested to bring the Plastic Waste from their Homes/hostels or from neighbouring places.

This drive aims to achieve a target and sustain the spirit that we are always at peak on Nation Building Activities.

Photos captured during the Activity: -



Plastic Collection Drive by MKSSSS'S Cummins College of Engineering, Pune

Constitution Day Celebration

Name of Activity: Constitution Day (Samvidhan Divas) 2022 Celebration

Date: 26th November 2022, **Time:** 10.00 am

Total No. of Students & Faculty Members Participated in the Activity: 167

Google meet link: <http://meet.google.com/iyt-jobu-gfs>

Report of the Activity:

Every year we celebrate Constitution Day to honor the father of our constitution, Dr. B R Ambedkar. MKSSS's Cummins College of Engineering for Women, Pune celebrated Constitution Day by reading the preamble of the Indian constitution.

We organized a quiz on constitution.

Photos captured during the Activity:



Constitution Day 2022 Celebration by MKSSS'S Cummins College of Engineering, Pune

EduYouth Meet

Name of Activity: EduYouth Meet

Date of Activity Conduction: 4th February 2023

Total No. of Students & Faculty Members Participated in the Activity: 41

Report of the Activity:

The National Service Scheme Unit of MKSSSS's Cummins college of Engineering for Women participated in EduYouth meet.

The EduYouth Meet was a collaborative event of students and educators organized in Pune on Feb-4, 2023 from 4 pm to 9 pm which is likely to be attended by about 1 lac youth and 10000+ educators.

Human values is one of the major themes of the New Education Policy (NEP-2020) given the fact that the youth of the nation are grappling with multiple challenges such as addictions, depressive or aggressive tendencies, electronic fever and other mental health issues. The EduYouth meet was organized based on the said theme.

We are honored to share that besides the Hon'ble Dignitaries, shri shri ravi shankar has given guidance on how spiritual study help in our day to day life. ICCR President Dr. Vinay Sahasrabuddhe and NAAC Chairman-EC Shri. Bhushan Patwardhan have addressed the audience. We have taken pledge for antiaddiction to drugs.

Photos captured during the Activity:



River Cleaning Drive

Name of Activity: My river My Valentine- River cleaning drive

Date: 12th Feb 2023

Time: 7:30 am

Event Organizer: WE Foundation

Total No. of Students & Faculty Members Participated in the Activity: more than 125

Notice:

Report of the Activity:

This Valentine's Day shows some love to our Mother Rivers - Mula and Mutha to build a better and cleaner future!

On Sunday, 12th February 2023, a river cleanliness drive was conducted at Bhide Bridge (Nadipatra) at 7.30 am on behalf of Worship Earth Foundation. Also, environmental awareness program of street drama, music singing etc. NSS, NYKS, PMC and social organizations participated in these programs in large numbers.

NSS volunteers, students and faculty of MKSS's Cummins college participated in this river cleaning event.

Photo Captured during Activity:



MKSS's Cummins College of Engineering students at My river My Valentine for Mula-Mutha River Bank Cleaning Drive

Awareness Session on “The prevention and management of breast cancer and PCOS and maintaining menstrual hygiene”

Name of Activity: Awareness Session on “The prevention and management of breast cancer and PCOS and maintaining menstrual hygiene”

Date: 9th March 2023, **Time:** 9.00 am to 10 am

Total No. of Students & staff Members Participated in the Activity: 64

Venue: Instrumentation Auditorium, MKSSS’s Cummins College of Engineering for Women, Karvenagar Pune.

Report of the Activity:

MKSSS’s Cummins college of Engineering for Women celebrated "**International Women's Day**"

In this context, we organized the following activities on 9th March 2023: -

Awareness Session on “**The prevention and management of breast cancer and PCOS and maintaining menstrual hygiene**” by **Dr. Smita Surana** (MBBS,DGO,DNB), Aditya Birla Memorial Hospital, Pimpri-chinchwad, Pune and **Miss. Anjelina Eliza Tituz**, Clinical Pharmacist Intern Secretary, Indian Pharmaceutical Association Student's Forum. Total 64 girl student and ladies staff attended the session.

Participating women got aware of various hygiene practices and prevention from Cancer and how to be healthy.

Photo Captured During the Session



Awareness Session “The prevention and management of breast cancer and PCOS and maintaining menstrual hygiene” by Dr. Smita Surana

International Women's Day Celebration Report

Name of Activity: Women's Health check-up Camp on occasion of Women's Day celebration

Date: 9th March 2023, **Time:** 9.00 AM to 5 PM

Total No. of Students & staff Members Participated in the Activity: 218

Venue: Conference Hall near Instrumentation Auditorium, MKSSSS's Cummins College of Engineering for Women, Karvenagar Pune.

Report of the Activity:

MKSSSS's Cummins college of Engineering for Women celebrated "**International Women's Day**"

In this context, we organized the following activities on 9th March 2023: -

Free Health Check-up camp was organised for all students and staff. Which includes BMI, Blood pressure checking, Blood Glucose checking, Breast cancer Screening.

Dr. Smita Surana (MBBS, DGO, DNB), and member of Indian Pharmaceutical Association Student's Forum (**IPASF**), Pune helped for this camp. Total 135 girl student and 83 ladies staff members did the check-up. After check-up a proper guidance was also provided to all of them.

Participating women got aware of various hygiene practices and prevention from Cancer and how to be healthy.

Glimpses of Women's Day Celebration (Health Check-Up Camp)



Faculty and students at Health check-up camp in MKSSSS'S Cummins College, Pune



Guard and sweepers staff at Health Checkup

“International Women’s Day” celebration gives us the platform to help women empowerment and create awareness on various hygiene practices and prevention from Cancer and how to be healthy. Our NSS volunteers helped to organize this event. They learned many things like coordination, team building, event management and how to keep healthy.

Contribution for International White Cane Day Contribution 2022 to IAB

Name of Activity: Contribution for International White Cane Day Contribution 2022 to Indian Association for the Blind (IAB)

Date of Activity Conduction: 1st November to 20th November 2022

Total No. of Students & Faculty Members Participated in the Activity: 27

Report of the Activity:

The National Service Scheme Unit of MKSSS’s Cummins college of Engineering for Women, Pune collected Contribution for International White Cane Day Contribution 2022 to Indian Association for the Blind (IAB), IAB Trust Madurai. As per Indian Association for the Blind (IAB) guideline, our NSS volunteers collected Rs. 10 per flag for Flag of International White Cane Day to support the education and rehabilitation of visually challenged people. NSS volunteers collected total Rs. 7590/-

Savitribai Phule Pune University

National Service Scheme

And

MKSSS's Cummins College of Engineering for Women

"Youth Obsession, Village Town Development" ('युवकांचा ध्यास, ग्राम शहर विकास')

Special winter camp activities-2022-23 report

(At Baur Village, Tal. Maval, Pune dated 16/01/2023 to 22/01/2023)

The special winter camp of the college for the academic year 2022-23 was held from 16th January to 22nd January at Baur Village, Taluka Maval, District – Pune. Program Officer Dr. Shubhangi R.Chaudhary organized and planned this camp. Sagar Vanarase, Vinayak Shinde, Harish Patil , Gauri Kshirsagar, Prakash Date, Dr. Shetal Barekar, Harshad Mhansawade, Seema Khairkhar, Ajay Purandare, Dr. Shridhar Kedar, Shashikant Soman, Sachin Chavan faculty members including NSS volunteers participated in this camp. Activities like Gram Swachhata abhiyan rally, lectures, village cleaning, group discussion, water conservation, youth empowerment, eye examination camp, awareness program were conducted in the camp. Morning prayer, exercise, refreshments, labor donation, literacy, public awareness, health check-up for villagers etc. activities were implemented. Food and rest, street play, lecture and group discussion, cultural program, report writing and reading were the schedule of the camp.

On Monday 16/01/2023, We all gathered at the college campus at 8 am. After that we all enthusiastically put all our luggage and the materials required for the camp in the bus then we left for Baur village at 9:15am. In our journey we all played fun games in bus without any hassle we reached Baur village at 11:15 am.

We cleaned the area of Zilla Parishad Primary Centre School, Baur. An ice-breaking session is conducted where all gave their introduction. After that volunteers were divided into groups and group leaders were appointed. Rules, observance of discipline, camp routine and distribution of work were guided. Volunteers were given report diaries and NSS badges. Volunteers done school premises cleanliness, rangoli and ready for camp inauguration ceremony. The camp was inaugurated by Sarpanch of Baur village, Shri. Praveen Bhawar, Shri. Sandeep Khirid. For this inauguration ceremony other executive members of Gram Panchayat, School Principal, NSS programme officer Dr. Shubhangi Chaudhary, college professors and other staff members were present. Volunteers cleaned the accommodation and prepared cooking and food. The day ended with writing and reading.

On Tuesday 17/01/2023, we started early in the morning on 17/01/2023. We have started morning prayer, stretching exercises and walking. Then all six groups had done their various duties such as cleaning, food preparation, and daily activities. We all had our breakfast and then we started the preparation for the next session. In “Yuvakancha Dhyas” session volunteers learn how fortunate we are. We are able to break all hurdles that come in our path because we have that potential in ourselves to climb mountains. In village cleaning from Zilla Parishad Kendra Shala to places nearby this school,

Baur. We collected the plastic and other waste with proper safety of all volunteers with hand gloves and face mask. Our college principal Dr. Madhuri Khambete interacted with all volunteers about our Experience from the first day of NSS camp. We were delighted by having interaction about our experiences with her. A presentation was delivered by Soman sir on various forts in Maharashtra for school students. It was a very informative session and the students enjoyed it a lot. A fun activity was arranged by the faculty members in which all volunteers were taken to Pawna River to watching the sunset. Nature is important part of our life we received very peaceful vibes.

On Wednesday Work 18/01/2023, We all started our day by doing some warm up exercises then morning walk at the Pawna River side of the village. After coming back, we had our breakfast. Our 1st volunteer group went to Brahmanwadi School (1-7) and 2nd group went to Kankawadi School (1-4). Various activities were organized for the students of all grades. Some of the activities include science exp., art and craft activities and mind games. Guidance was given to the students (5-7th) about Scholarship Exam. Students performed various science experiments with vigor under supervision of volunteers. Afternoon session on the importance of a healthy and balanced diet was delivered by Jyoti Chitale Madam. At the end of the session, she explained benefits of yoga, took some meditation activities (pranayama, anulom-vilom) and urged the students to inculcate meditation in their day-to-day lives. Students shared their feedback about the activities conducted by NSS. After evening refreshments, we have conducted rally for spreading awareness among villagers about voting and how each and every vote counts. Simultaneously, we invited them to next day activities i.e eye checkup camp and career guidance for 10th grade students. After dinner, we had a group discussion. Volunteers and staff gave their feedback and improvements which they expect from us for the next few days.

On Thursday 19/01/2023, after prayers, jogging, exercise and refreshments, volunteers cleaned roads, and gram panchayat surroundings. They used a spade and sickle for first time to clean the weed outside the panchayat office. Some of the volunteers started preparing for a career guidance session by Vijay Navale sir. He guided students about competitive exams and all the opportunities they have after 10th. He said them to focus on what they want to do rather than what they want to be. Do whatever but whole heartedly. In check-up camp around 160+ villagers checked the eyes and and eye care guidance is given. Few people were diagnosed with cataract, the treatment for them in hospital was offered subsidised. In the evening after fun activity food is cooked and we had dinner. The report was then read.

On Friday 20/01/2023- Volunteers started the day by doing some warm up exercises and then they went for a rally to inform people about free health check-up camp held at Gram Panchayat office. In the morning there was a meditation session from Sahajyog Dhyaan Kendra for all NSS volunteers. It was about activating our inner chakras and how to maintain balance among our chakras. Dr. Anjali Abhyankar delivered a lecture about menstrual health to 80 girl students of 7th - 10th standard. A fun activity for some nursery students. In the afternoon a street play was performed women's education and abolition of child-marriage in presence of MLA Sunil Anna Shelke. A message of 'Girl is not a burden but a support of the society' this attempt to assert was successful.

Simultaneously body parameter checking camp in presence of Dr. Anjali Abhyankar and Dr. Sandhya Kamble. About 70 people of age group 18 years and above were examined in the health check-up camp. The health check-up camp ended at 7:30pm in the evening. In the night report writing and next day planning was done.

On Saturday 21/01/2023 - after prayers, jogging, exercise and refreshments, volunteers set up a class 10th lecture. Tree plantation done by NSS program officer and NSS volunteers on the campus of the Zilla Parishad School at 10:00 a.m. Prof. Manisha Jail taught chemistry for 10th class and Prof. Pradnya Nanavare assisted pupils with challenging arithmetic issues and made them simple to comprehend. Prof. Soman and NSS volunteers taught mathematics for students in grades 1st to 5th through enjoyable games and shared helpful advice in the Zilla Parishad Prathamik Shala in Baur Village. At 11am Mr. Anil Pantoji gave a lecture on the 'Road safety and youth responsibility' for 9th and 10th class school students in the village. In the evening, Megha Dhole Madam (Civil Servant), alumna of MKSSS's Cummins College of Engineering and also NSS alumna volunteer, shared her experiences about NSS, how it helps her in Civil services. Volunteer helped in cooking and cleaning. Thus, the day ended with excitement. Later volunteers shared their experience and done the report.

On Sunday 22/01/2023-The day started with a morning walk. Then NSS team played a bunch of games and moved ahead with breakfast. After the breakfast all the teams moved on with their respective tasks i.e. cooking, cleaning et al. Other team members helped with the preparation of our returning journey. After the cooking, preparations were made for the farewell ceremony. Program Officer Dr. Shubhangi Chaudhary presented the work done in this camp and she thanked all the villagers. Baur sarpanch appreciated the work done by NSS volunteers. Bhakti Patil and Vaishnavi shared their experiences of camp. For the closing ceremony, Sarpanch of Baur village Shri. Praveen Bhawar, Deputy Sarpanch Mrs. Savitribai Dabhade, Former Sarpanch Shri. Sandeep Khirid Saheb and other executive members of Gram Panchayat and Cummins College staff members were present. Dr. Shubhangi Chaudhary thanked all the villagers and NSS volunteers. In this way the special Shram Sanskar camp of MKSSS's Cummins College of engineering for women, Pune was successfully conducted.

Glimpse of the Special Winter Camp:

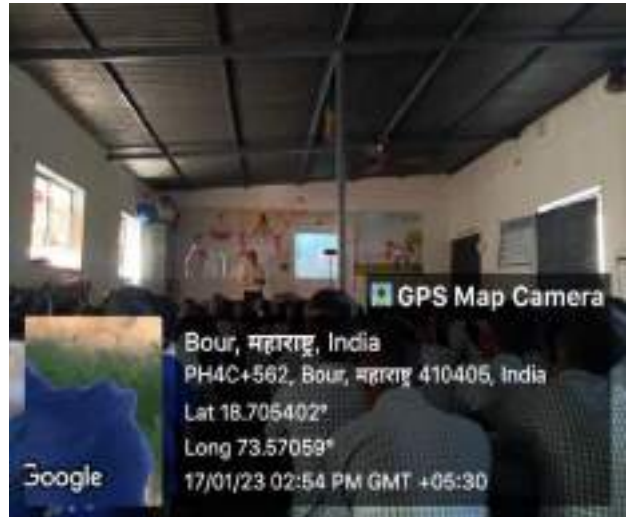


Inauguration of NSS Camp of MKSSS's Cummins College of Engineering for women, Pune





Cleaning Activity



“Yuvakancha Dhyas” session By Soman Sir



Cooking activity



Lunch at Camp



Voting Awareness Rally



Bal Vivah Nirnuln Awareness Rally



Importance of a Healthy and Balanced Diet



NSS volunteers taking study activity for school students 1st to 7th standard



Yoga Session By Chitale Madam



Career guidance session by Vijay Navale sir for 10th Class students



Meditation session by Sahajyog Dhyaan Kendra



Eye Check-up Camp



Health Check-up Camp



A lecture on menstrual health by Dr. Anjali Abhyankar



Street play on women's education and abolition of child-marriage by NSS volunteers



Fun activity for Anganwadi school Children



Tree Plantation Activity at Zilla Parishad School, Baur



Mathematics Class for School students



Lecture on the 'Road safety and youth responsibility' for 9th and 10th class school students by Mr. Anil Pantoji



Session of “How to prepare for Civil service Exam” by Megha Dhole



Team of NSS Winter Camp with villagers and gram panchayat members of Baur village